

**The people who use our service must have a learning disability**

**Learning Disability has the following features:**

A significantly reduced ability to understand new or complex information, to learn new skills (impaired intelligence).

**with:**

A reduced ability to cope independently (impaired social functioning);

Which started before adulthood, with a global lasting effect on development.

**and be a Preston resident.**

**A Preston resident is someone who:**

Is registered with a G.P. in Preston

**or**

Is not registered with a G.P. anywhere but considers themselves to live in Preston.

(Establishing the Responsible Commissioner, Dept of Health 2002)

## Referrals

The service accepts referrals from anyone, including carers and people with learning disabilities. These are discussed at a weekly meeting, which decides whether someone is eligible for the service and how we might be able to help them.

To assist this process the person making the referral is asked to provide evidence that the person both has a learning disability and is a Preston resident (see both boxes on previous page) and confirm that the person referred (and where appropriate their carers) agrees to the referral.

*Referrals can be made by telephone during office hours on:*

**01772 401200**

*or addressed to:*

**The Chair of Intake  
Learning Disability Service  
93 Garstang Road  
Preston  
PR1 1LD**

Preston **NHS**  
Primary Care Trust

**CHILD & PARENT TEAM**

**PRIMARY CARE**  
Learning Disability Service

# PRIMARY CARE

# LEARNING DISABILITY SERVICES

## Learning Disability Services

The service is part of the health services provided for children and adults with learning disabilities and their carers who are residents of Preston.

**“Our service aims to improve health for people with learning disabilities alongside their carers .”**

The service is provided by Community Learning Disability Nurses and Community Health Support Workers, working in partnership with the family and where required other health professionals, social services, schools and nurseries, voluntary agencies and supported by administrative and secretarial staff.



## Who we are

We are a specialist nursing team with particular skills and knowledge relating to:

- Children who have a learning disability and have
  - Complex needs
  - Behavioural difficulties
- Parents who have a learning disability

We believe that early intervention assists in reducing the difficulties that can arise.

## Our aims are to:

- Promote health and well being
- Facilitate positive changes in people lives

Through working in a professional manner and using up-to-date effective approaches.

**We aim to teach skills at home or in other settings to allow people to manage the issues that impact on their health.**



## What we do

### Examples of work with Children

- Supporting parents/carers to develop a better understanding of their child's behaviour
- Exploring strategies that are likely to reduce the frequency of a "difficult" behaviour
- Investigating health factors that may be influencing the child's behaviour

### Examples of work with Parents

- Parenting groups
- Individual sessions to support parents in applying new skills in their home
- To reduce obstacles to parenting

